

ARUL ANANDAR COLLEGE

(AUTONOMOUS)

(Affiliated to Madurai Kamaraj University

Reaccredited by NAAC at 'A' Grade
and DST-FIST Sponsored College)

Karumathur, Madurai – 625514

Tamil Nadu



DEPARTMENT OF

FOOD SCIENCE AND TECHNOLOGY

Organizes

HEALTHFEST'23

To Commemorate

National Nutrition Month 2023

Theme:

“Nourished India,

Literate India,

Strong India”

Date: 27.09.2023

Venue: Rev. Fr. Gnanarathinam Hall, AAC

Registration:

Kindly fill the registration form and send a
scanned copy to

foodsciencetechnology2012@gmail.com

ABOUT THE COLLEGE

Arul Anandar College, a Jesuit Catholic Minority Co-educational Institution affiliated to Madurai Kamaraj University was founded in 1970. The college became autonomous in 1987. The college has 17 Undergraduate, 7 Postgraduate academic and M.Phil. and Ph.D. research programmes. The college was reaccredited by NAAC (4th Cycle) with 'A' grade with a CGPA of 3.15 out of 4 in the year 2022.

MISSION

- To provide facilities for academic excellence, training in soft and professional skills and placement
- To enable students to become agents of social transformation by imparting skills in research and social analysis
- To build AAC into a policy advocacy centre

ABOUT THE DEPARTMENT

The Department of Food Science and Technology was established in the year 2012. It is a UGC sponsored innovative programme. The Department is offering a three year UG Degree programme in Food Science and Technology. The curriculum includes the thrust areas of Food Science and Technology. Added to the curriculum, students also undergo training at renowned Food industries, attend Seminars, Guest lecture adding value to the course.

ABOUT HEALTH FEST

Health Fest is a Nutrition Awareness Programme organized by our department every year to bring out the emerging talents of students in the field of Food Science and Technology. Students from various colleges actively participate in different events to showcase their talents and abilities in the field of Food Science and Technology.

COMPETITIONS (Kindly view registration form for number of entries)

S.No	Name of the competition	Time
1.	Fireless cooking	10.00 a.m.-11.00 a.m.
2.	Taste hunt	02.30 a.m.- 03.00 p.m.
3.	Short Film Making	To be submitted during registration
4.	Food advertisement	To be submitted during registration
5.	E - Poster	To be submitted during registration
6.	Ms. Nutrition/Mr. Nutrition	10.00 a.m. – 12.00 p.m.
7.	Nutri -Quiz	12.00 p.m. - 01.00 p.m.
8.	Food photography	To be submitted during registration
9.	Food Carving	01.00p.m. - 02.00 p.m.

ORGANIZING COMMITTEE

Chief Patrons

Rev. Dr. John Pragasam, S.J.,
Rector, Arul Anandar College

Rev. Dr. A. Antonyamy, S.J.,
Secretary, Arul Anandar College

Patrons

Rev. Dr. M. Anbarasu, S.J.,
Principal, Arul Anandar College

Dr. A. Sundararaj,
Deputy Principal, Arul Anandar College

Convener

Ms. R. Sarojini Bharathi, Assistant Professor

Co-Convener

Ms. E. Krithika, Assistant Professor and Head

Members

Ms. P. Revathi, Assistant Professor

Ms. M. Devayani, Assistant Professor

Ms. K. Sowmiya Devi, Assistant Professor

GUIDELINES FOR COMPETITIONS

1. Fireless cooking

Time : 10.00 a.m. – 11.00 a.m.
Venue : Food Production lab
Participants : 2 per team

Rules:

- Ingredients for the recipe should be brought by the participants
- One unique recipe should be prepared, displayed and explained.

2. Taste Hunt

Duration : 30 mins
Time : 02.30 p.m. – 03.00 p.m.
Venue : Food Production lab
Participants : 1 person only

Rules:

- Should be able to identify tastes of individual ingredient

3. Short Film Making

Duration : 5 mins
Participants : 5 per team

Rules:

- Should be submitted at the registration desk at the time of registration

4. Food Advertisement

Duration : 1-2 mins
To be submitted at the registration desk at the time of registration
Venue : registration desk at the time of registration
Participants : 5 per team

5. Ms. Nutrition/Mr. Nutrition

Time : Screening: 11.00 – 11.30 a.m.
Final : 11.30 a.m.-12.00p.m.
Venue : Rev. Fr. Gnanapragasam Hall
Participants : One member only

Criteria:

- Body composition
- Knowledge related to food nutrition

6. Food Photography

Theme : To be given on the spot
Participants : One person only

Criteria:

- Visual clarity
- Innovation and originality

Participation/Person : Rs. 200/-
For Queries, Contact : 96292 15896
94860 81129

7. Nutri-Quiz

Duration : 30 mins
Time : 12.00 p.m. – 1.00 p.m.
Venue : Hall No. 237
Participants : 2 per team
Criteria :

- Knowledge on food safety, food security food nutrition and food technology

8. Food Carving

Time : 2.00 p.m. – 3.00 p.m.
Venue : Hall No. 237
Participants : One person only

Rules:

- Ingredients should be brought by the participants
- One unique model can be created

9. E-Poster

Venue : To be submitted at the registration desk at the time of registration
Participants : One person only

Rules:

Standard Size: 90 X 120 cm

Lunch will be provided to the participants and the accompanying staff