



**ARUL ANANDAR COLLEGE (AUTONOMOUS)**  
**KARUMATHUR, MADURAI-625 514**  
**WOMEN'S DAY 2K24**  
**7<sup>TH</sup> March 2024**

**Greetings**

We request the Heads of the Departments, the Vice Presidents of the Associations, and the Students' Secretaries to take initiative to select the students to represent your department in the **WOMEN'S DAY 2024**.

- The list of the participants should be submitted to the **Convener, WOMEN'S DAY 2024, Dr. D. Jenifa** on or before **29th February 2024** by **9.00 a.m.**
- One student can participate in a maximum of **ONE** event only.
- Participants should produce their **IDENTITY CARDS** before each event for scrutiny.
- They must reach the venue 30 minutes before the commencement of the event.
- Accompanists from other departments are not allowed in any event.
- Registrations can be done by department through college website: [www.aactni.edu.in](http://www.aactni.edu.in)

**NOTE**

Dialogues with double meaning, criticism of the college management, the staff, the departments, mentioning the names of the government officials and any form of obscenity are to be avoided. The sensitive political and religious situations should not be brought on the stage. The Vice Presidents (staff-in-charge) of the associations will bear the responsibility of instructing their participants to strictly follow the rules and regulations. Any violation of the rules will lead to disqualification.

**ORDER OF PARTICIPATION**

- The team will participate in the order decided by the **draw of lots** in the respective event.
- Only the Secretary of the Association must come forward to draw lots.

**QUERIES**

- Queries/Clarifications regarding **WOMEN'S DAY - 2024**, if any, could be addressed to the Convener, **WOMEN'S DAY 2024, Dr. D. Jenifa** in the **Office of the Dean for Women's Students**.
- If you are not satisfied with the clarification given by the Convener, **WOMEN'S DAY 2024**, you can bring the issue to the jury of appeal, **Dr. A. Sundararaj**, Deputy Principal.

**We expect your fullest cooperation for the grand success of the programme.**

**Dr. D. Jenifa**  
Convener

**S. Henri Rita Mary**  
Dean for Women Students

**Dr. A. Sundaraj**  
Deputy Principal

**Rev. Dr. M. Anbarasu SJ**  
Principal & Chairman

## LIST OF EVENTS

GIRLS	BOYS	BOTH OF BOYS & GIRLS
1. Tableau 2. Self Defense Art of Women 3. Fascinating Persona	1. Poster Making 2. Fireless Cooking	1. Elocution 2. Awareness Song
Total : <b>3 Events</b>	Total : <b>2 Events</b>	Total : <b>2 Events</b>

### NOTE

- The **First Prize TEAM of Awareness Song and Elocution** will be selected as Winner for the **On-Stage** event scheduled to be held on **7<sup>th</sup> March 2024**.

### RULES FOR PRACTICE

- **Shift-I** students should practice only **after 1.20 p.m.**
- The **shift-II** students should practice only in the morning, i.e., **from 9.00 a.m. to 1.00 p.m.**
- **There should not be any practice after 6 p.m.in the campus.**
- No practice will be entertained during class hours.
- **One Student can participant maximum of 1 competition (including group events)**

**Dr. D. Jenifa**  
Convener

**S. Henri Rita Mary**  
Dean for Women Students

**Dr. A. Sundaraj**  
Deputy Principal

**Rev. Dr. M. Anbarasu SJ**  
Principal & Chairman

# RULES AND REGULATIONS

## EVENTS FOR GIRLS

### 1. TABLEAU

- ❖ No. of participants per department – 5
- ❖ Duration – 10 minutes per team
- ❖ The theme is “**Breaking Barriers**”/ “**தடைகளைத் தகர்த்திடு**”
- ❖ Participant posture should be still and theme-based
- ❖ There should be only expression and no words spoken

**Judging criteria:** 1. Relevance to theme 2. Structure 3. Creativity

### 2. SELF DEFENSE ART OF WOMEN

- ❖ No. of participants per department - 2
- ❖ Duration - 3 minutes
- ❖ The participant should perform any one of the self defense art such as Silambam, Karate, Boxing and Judo

**Judging criteria:** 1. Presentation 2. Style 3. Sound

### 3. FASCINATING PERSONA

- ❖ No. of participant per department – 1
- ❖ Time limit for each participant would be 5 minutes (Including setup and the performance)
- ❖ The theme for fashion show “**Your Inspired Women Achiever**”/

“**உன்னை பாதித்த சாதனைப் பெண்**”

**Judging criteria:** 1. Costumes 2. Walking stance 3. Attitude and tag line

## EVENTS FOR BOYS

### 1. POSTER MAKING

- ❖ No. of participants per department –1
- ❖ Duration – 1 hour
- ❖ The theme is ‘**Her Story**’ – ‘**அவளின் கதை**’
- ❖ Participants are require to bring their own materials
- ❖ Poster size is one standard chart size
- ❖ No captions and labels are permitted
- ❖ Do not bring any printed or written materials
- ❖ After the event, participants should clean their allotted space

**Judging criteria:** 1. Presentation of theme 2. Aesthetics and Creativity  
3. Symbolic expression

## 2. FIRELESS COOKING

- ❖ No. of participants per department –2
- ❖ Duration – 1 hour
- ❖ Ingredients and utensils for the recipe should be brought by the participants
- ❖ The use of induction stove is not allowed
- ❖ The recipes should be Nutritious Food
- ❖ Participants are supposed to display a chart having the having the name & ingredients of the dish

**Judging criteria:** 1. Taste and flavour 2. Texture 3. Overall Presentation

## EVENTS FOR BOYS & GIRLS

### 1. ELOCUTION

- ❖ No. of participants per department – 1
- ❖ Each participation need to deliver speech 5 minutes
- ❖ The theme is ‘சாதனைப் பெண்ணே சரித்திரம் படைக்கவா’
- ❖ Warning bell will be given once its 4 minutes
- ❖ No use of bilingual words

**Judging criteria:** 1. Adherence to theme 2. Presentation 3. Clarity & Confidence

### 2. AWARENESS SONG

- ❖ Duration – 4 minutes
- ❖ No. of participants per department – 5- 6
- ❖ Karaoke or background track is allowed
- ❖ Musical instruments are allowed
- ❖ Lyrics of one’s own are preferable
- ❖ No cine songs. Remake songs are allowed

**Judging criteria:** 1. Rytham 2. Co-ordination 3. Pronunciation and clarity