


PROFILE

Name		Dr.A.MUTHUKUMAR		
Department	Physical Education			
Designation	Assistant Professor			
Email	muthukumarkur@gmail.com			
Teaching Experience	UG: 11 years	PG:		

Recognised Educational Qualifications

S. No.	QUALIFICATION	INSTITUTION	BOARD/ UNIVERSITY	YEAR OF PASSING	GRADE/CLASS
1	Ph. D	Madurai Kamaraj University	Madurai Kamaraj University	2015	
2	M. Phil	Annamalai University	Annamalai University	2009	First Class
3	M.P.ED.	Annamalai University	Annamalai University	2007	First Class
4	B.P.ED.	Annamalai University	Annamalai University	2005	First Class
5	PG Diploma in YOGA	Annamalai University	Annamalai University	2007	First Class
6	M.A.	Madurai Kamaraj University	Madurai Kamaraj University	2004	First Class
7	B.A.	Arul Anandar College, Karumathur	Madurai Kamaraj University	2002	Second Class
8	HSC	St. Alouysis BHS School, Rayappanpatti	State Board	1999	Second Class
9	SSLC	St. Claret High School, Karumathur	State Board	1997	Second Class

Work Experience

S.No	Name of the Institution/Organisation	Designation	Nature of Work	Period	AOI (Any Other Information)
01	Arul Anandar College, Karumathur	Assistant Professor	Teaching	15/06/2010 11 years	

Publications (Contributions in Journals/Edited Books/Proceedings)

Title of the Paper	Name of the Journal/Book/Proceedings	Whether Journal/Book/Proceedings	Volume and No	Page Nos	ISSN/ISBN No	Publisher and Place
"Evaluation of Isolated Plyometric Training and Weight Training on Leg Strength and Explosive Power"	International journal of sports technology, Management and allied science	Journal	Vol.2, No.3	pp.78-83	2319-5274	Department of physical education APSA College, Sivagangai
" Effect of Plyometric Training and Combination of Weight and Plyometric Training on Selected Psychological Variables of College Men Football Players"	International journals of scientific research	Journal	Vol.3, No.11	pp.69-70	2277-8179	SLU Girls college, Gujarat
" Effect of Plyometric Training and Combination of Weight and Plyometric Training on Selected Physical Fitness Variables of College Men Football Players",	Indian journal of applied research	Journal	Vol. 4 No11	pp.51-53	2249-555X	Indian journal of applied research, Gujarat
" Effect of Plyometric Training and Combination of Weight and Plyometric Training on Selected Physical Fitness and playing Ability of men football	International Journal of Multidisciplinary Researches	Journal	Vol. 2 No 01	PP- 102-105	2349-8684	Roots, Madurai

players:						
Challenges for social Entrepreneurship	International Journal of Multidisciplinary Researches	Journal	Vol. 2	pp. 35-39	2449-8684	Roots, Madurai
Changes on leg strength and kicking performance on response to different plyometric training among inter collegiate football players'	International journal of physical education, Yoga and Health Science	Journal	Vol. 3 No 1	pp. 95-98	2349-6312	International journal of physical education, Yoga and Health Science,

Books/Journals Published or Edited

Name of the Book/Journal/Conference Proceedings	Whether Journal/Book/Conference Proceedings	Author/Co Author	ISSN/ISBN No	Volume No	Publisher and Place	Year of Publishing and Edition

Projects Completed

Title of the Project	Principal Investigator/Co investigator	Funding Agency	Duration	Amount	AOI

Reviewer Details

Name of the Journals	Date

Consultancy Offered

Status-Consultant/Co Consultant	Nature of Consultancy	Organisation/Institution Offered	(Paid/Honorary)	Amount	Period/Dates

Ph.D Guideship Details

Subject	University	Guideship Id No	No of Scholars pursuing	No of Scholars Completed	AOI

Conference/Workshop/Seminar – Organised

S. No.	NAME OF THE SEMINAR/CONFERENCE/WORKSHOP	ORGANISING CAPACITY	SPONSOR	PERIOD/ DATE	REMARKS
-	-		-	-	-

Papers presented in Seminars/Conferences/Workshop

Title of the Paper	Title of the Seminar/ Conference/ Workshop	Level of Seminar/Conference/ Workshop	Organising Institution	Date	AOI
Effect of weight training on selected psychological variables among college men football players	Recent Trends in Yoga and Physical Education	National	Department of Physical Education, V.H.N.S.N. College Virudhunagar	11 th and 12 th August 2011	
Effect of sports design training with and without strength training on selected performance variables among men basket ball players	Physical Education, Sports and Fitness Approaching 21 st Century	National	Alagappa University, Karaikudi.	22 nd march 2012	
Effect of plyometric training on selected physiological variable among football player	Innovative concepts in physical education and yoga	National	Department of Physical Education, Arul Anandar college, Karumathur	1 st and 2 nd February 2013	
Effect of weight training on selected playing ability of	Innovative concepts	National	Department of Physical	1 st and 2 nd	

college men football players	in physical education and yoga		Education, Arul Anandar college, Karumathur	February 2013	
Effect of Plyometric training on selected playing ability of college men football players	Yoga Towards Engagement in Sports	National	Seethalakshmi Ramasamy College, Tiruchy	26 th - 28 th September, 2013	
Effect of residence training on selected strength parameters among under graduate physical education students.	Role of Sports Science and Modern Technology for Engaging Sports Performance	National	DRBCC Hindu College, Chennai		
Effect of weight training on selected physical fitness variables among college men football players	Women Sports Participation in India	National	Bharathiar University, Coimbatore.	30 th and 31 st January 2014	
Effect of weight training on selected passing ability among college men football players	Promotion of Yoga, Health Awareness and Physical Fitness – A Multi Dimensional Approach	National	Aditanar College of Arts and Science, Tiruchendur	30 th – 1 st October, 2014	
Business and Environmental Responsibility	Strengthening values and Ethics in higher Education	National	Department of Religion and value education	17- 18 September, 2013	
Challenges for social Entrepreneurship	Challenges for social Entrepreneurship	National	Department of Business Administration	23 September, 2015	
Effects of plyometric training and combination of weight and plyometric training on selected playing ability of college man players	Fit and Healthy India vision 2023	National	Alagappa university college of Physical Education - Karaikudi.	28 th – 29 th September 2015	
Effects of strength Training on selected strength	Need of Women fitness in modern	National	Annamalai University-	28 th and 29 th	

parameters among soccer players	Era		Chithamparam	March, 2016	
Training Diet for the Boxer	Modern perspectives of sports science and yoga for the enhancement of sports performance	National	Ganesar college of arts and science - Pudukkottai	3 rd March, 2018	

Resource Person

Whether Speaker/Moderator/Panalists	Title of the Presentation	Title of the Seminar/Conference/Workshop	Organising institution and Place	Date

Seminars/conferences/Workshops Attended

Title of the Seminar/conference/Workshop	Level of Seminar/Conference/Workshop	Organising Institution	Date and Place	AOI

Fellowship Received

Title of the Project/Research	Name of the Fellowship	Sponsoring Institution/Organisation	Period	Amount	Any other Information

Visits Abroad: -

Countries Visited	Purpose	Dates of Visit	AOI

E Content Created

Title of the Content	Type of Content	Link	AOI

Patents Obtained/Applied

Title			Status (Received/Applied)

Academic Positions held

Post	Institution	Period	AOI

Achievements & Awards
Other Details
